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Weight Release 4CD Set - Eight Sessions



Synopsis

FINALLY! Hypnosis that really attacks the cause of emotional eating habits. These eight sessions will release cravings, create a belief that you have what it takes to succeed and put YOU in control of your eating. These Hypnosis sessions raise your metabolism, burn body fat, even switches "on" the fullness switch sooner. Includes the very popular sessions, "LOVE TO EXERCISE" and "IN CONTROL". 4 CD set with eight different sessions. Love to exercise, Power of Thought, Body Sculpting, Parts Therapy, Set Point release, Metabolism Increase, In Control, Wisdom Light.

Book Information

Audio CD

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Language: English

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Product Dimensions: 7.5 x 5.2 x 0.5 inches

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Lose Weight, Burn Fat & Increase Metabolism (Walking, Walking to Lose Weight, Walking For Weight Loss, Workout Plan, Burn Fat, Lose Weight) Weight Loss Box Set: Learn The Secrets of Weight Loss (weight loss, vegan diet, good gut) WEIGHT WATCHERS RECIPES: Weight Watchers Slow Cooker Cookbook The SmartPoints Diet Plan: Easy Crockpot Recipes for Rapid Weight Loss including SmartPoint™ (Weight Watchers Smart Point Recipes) Heart Health: Heart Healthy Cookbook: 30 Quick & Easy, Heart Healthy Greek Recipes For Smart Heart Health (cooking, weight loss, weight maintenance) (cooking, ... weight maintenance, weight watchers Book 1) ATKINS DIET: Weight Loss Secrets and a Quick Start Guide For a New and Permanent You (Atkins Low Carb High Fat Diet Weight Loss Guide, Diet for Rapid Weight ... Atkins Weight Loss Guide for Beginners) Weight Watcher for Rapid Weight Loss: Lose Up To 30 lbs. in 30 Days (Weight Watchers Low Fat Low Carb Weight Loss Diet Book) How To Lose Weight Without Diet and Exercise: How To Lose Weight Without Moving: Rapid Weight Loss: The Lazy Person's Guide For Weight Loss Weight Watchers: Fast Start For Beginners. Friendly Guide That Will Help You To Lose First 20 Lbs In 20 Days: (Weight Watchers, Weight Watchers Simple ... loss tips, weight watchers for beginners) The Ultimate Guide to Weight Training for Racquetball and Squash (The Ultimate Guide to Weight Training for Sports, 18) (The Ultimate Guide to Weight Guide to Weight Training for Sports, 18) When God's People Pray Participant's Guide: Six Sessions on the Transforming Power of Prayer (Zondervangroupware(tm) Small Group Edition) Prayer Participant's Guide: Six Sessions on Our Relationship with God (Groupware Small Group Edition) The Joy of PHP: Deep Dive into Sessions

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